**Physical Education Activity Log 2021-2022**

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_GRADE: \_\_\_\_\_\_\_ PERIOD: \_\_\_\_\_\_\_\_

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| **ACTIVITY** | **ACTIVITY****DATE** | **ACTIVITY SUMMARY****Tell me what you did during your activity****(2 complete sentences)** | **HOURS****Minimum of 6 hours****Round to the nearest quarter hour (.25,.5,.75)** |
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| **Total Hours** | \*\*\*\*\*\*\*\*\*\*\* | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |  |