**Physical Education Activity Log 2021-2022**

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_GRADE: \_\_\_\_\_\_\_ PERIOD: \_\_\_\_\_\_\_\_

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| **ACTIVITY** | **ACTIVITY**  **DATE** | **ACTIVITY SUMMARY**  **Tell me what you did during your activity**  **(2 complete sentences)** | **HOURS**  **Minimum of 6 hours**  **Round to the nearest quarter hour (.25,.5,.75)** |
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| **Total Hours** | \*\*\*\*\*\*\*\*\*\*\* | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |  |